



CEPAD
COUNCIL OF PROTESTANT
CHURCHES OF NICARAGUA

De la Rotonda El Periodista
200 metros al sur, 100 metros al este
Managua, Nicaragua 2266-5216

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2019 Projects to Fund

Community Counselor Program for 6 zones

CEPAD is working with communities in 6 zones of the East, San Francisco Libre, Teustepe, Pantasma, Matagalpa and Nueva Guinea to develop a community counselor program for each community to help men, women, and children. CEPAD will provide trainings in self-care, stress management, family and collective stress, and basic techniques and tools for everyday struggles. The 126 community counselors in 42 communities will accompany the families that have suffered personal and collective trauma to support emotional recuperation.

Trainings: Each community will receive trainings in:

- Self-Care
- Stress Management
- Family and Collective Stress
- Basic tools in dealing with everyday struggles
- Attention to crisis in primary schools, churches, and family circles

Cost: The total cost for these 42 communities to receive training in 2019 is \$10,00 (or \$1,666 for one zone).

If you would like more information about this project or would like to speak to someone, please contact Emily Hewes, Director of Development for CEPAD USA at emily@cepadusa.org or by phone at (207) 664-9202.